

Bestenliste Adliswil Track Team**U16 M**

| 60m | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Linus | | 15 | 7.54 | 2011 |
| 2 Kalu Kevin | | 15 | 7.58 | 2011 |
| 3 Angus Conrod | | 14 | 7.67 | 2013 |
| 4 Krayenbühl Vincent | | 14 | 8.00 | 2023 |
| 5 Winzeler Chris | | 15 | 8.05 | 2016 |
| 6 Spitz Lionel | | 15 | 8.18 | 2016 |
| 7 Ledergerber Manuel | | 14 | 8.27 | 2011 |
| 8 Weber Jan | | 14 | 8.38 | 2011 |
| 9 Wiersma Tom | | 14 | 8.73 | 2018 |
| 10 Heule Steve | | 14 | 9.46 | 2017 |

| 80m | U16 M | Alter | Leistung | Jahr |
|-------------------|--------------|--------------|-----------------|-------------|
| 1 Kalu Kevin | | 15 | 9.54 | 2011 |
| 2 Angus Conrod | | 14 | 9.59 | 2013 |
| 3 Winzeler Chris | | 15 | 9.92 | 2016 |
| 4 Schäfer Cyril | | 15 | 10.13 | 2011 |
| 5 Spitz Lionel | | 15 | 10.13 | 2016 |
| 6 Hug Tobias | | 14 | 10.21 | 2007 |
| 7 Feusi Herbert | | 15 | 10.0 | 1970 |
| 8 Weber Jan | | 15 | 10.25 | 2012 |
| 9 Brütsch Pascal | | 15 | 10.30 | 2008 |
| 10 Berger Philipp | | 15 | 10.30 | 1993 |

| 100m | U16 M | Alter | Leistung | Jahr |
|------------------|--------------|--------------|-----------------|-------------|
| 1 Kalu Kevin | | 15 | 12.06 | 2011 |
| 2 Wyder Walter | | 15 | 12.4 | 1971 |
| 3 Schäfer Cyril | | 15 | 12.66 | 2011 |
| 4 Weber Jan | | 15 | 12.80 | 2012 |
| 5 Gessler Peter | | 15 | 12.7 | 1969 |
| 6 Spitz Linus | | 15 | 12.95 | 2011 |
| 7 Jaroen Sarawut | | 14 | 13.10 | 2013 |
| 8 Eidenbenz Ghio | | 15 | 13.16 | 2013 |
| 9 Kramer Klemen | | 15 | 13.26 | 2013 |

| 200m | U16 M | Alter | Leistung | Jahr |
|-----------------|--------------|--------------|-----------------|-------------|
| 1 Kalu Kevin | | 15 | 25.13 | 2011 |
| 2 Schäfer Cyril | | 15 | 25.98 | 2011 |

| 300m | U16 M | Alter | Leistung | Jahr |
|---------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Linus | | 15 | 39.98 | 2011 |

| 400m | U16 M | Alter | Leistung | Jahr |
|---------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Linus | | 15 | 55.31 | 2011 |

| 600m | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Lionel | | 15 | 1:25.08 | 2016 |
| 2 Spitz Linus | | 15 | 1:28.68 | 2011 |
| 3 Winzeler Chris | | 15 | 1:38.53 | 2016 |
| 4 Weber Jan | | 15 | 1:41.51 | 2012 |
| 5 Ledergerber Manuel | | 15 | 1:42.67 | 2012 |
| 6 Eidenbenz Ghio | | 15 | 1:42.72 | 2013 |
| 7 Schäfer Cyril | | 15 | 1:43.50 | 2011 |
| 8 Kramer Luka | | 15 | 1:43.68 | 2010 |
| 9 Kalu Kevin | | 15 | 1:45.60 | 2011 |
| 10 Adesso Guilio | | 14 | 1:48.80 | 2025 |

| 1'000m | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Lionel | | 15 | 2:50.13 | 2016 |
| 2 Spitz Linus | | 15 | 2:54.33 | 2011 |
| 3 Hug Tobias | | 14 | 3:02.37 | 2007 |
| 4 Schäfer Cyril | | 15 | 3:05.81 | 2011 |
| 5 Rhaubert- Dietz | | 14 | 3:10.50 | 2016 |
| 6 Kalu Kevin | | 15 | 3:11.78 | 2011 |
| 7 Muntwyler Nicolas | | 14 | 3:18.15 | 2011 |
| 8 Ledergerber Manuel | | 14 | 3:18.20 | 2011 |
| 9 Eidenbenz Ghio | | 15 | 3:19.00 | 2013 |
| 10 Merrouche Philipp | | 15 | 3:19.62 | 2007 |

| 80m Hü | U16 M | Alter | Leistung | Jahr |
|----------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Lionel | | 15 | 10.52 | 2016 |

| 100m Hü | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Angus Conrod | | 14 | 15.04 | 2013 |
| 2 Hug Tobias | | 14 | 15.12 | 2007 |
| 3 Ledergerber Manuel | | 14 | 15.58 | 2011 |
| 4 Sigg Marco | | 14 | 15.68 | 2000 |
| 5 Weber Jan | | 15 | 15.73 | 2012 |
| 6 Spitz Lionel | | 15 | 15.77 | 2016 |
| 7 Kalu Kevin | | 15 | 15.86 | 2011 |
| 8 Schäfer Cyril | | 15 | 16.00 | 2011 |
| 9 Spitz Linus | | 15 | 16.54 | 2011 |
| 10 Winzeler Chris | | 15 | 17.72 | 2016 |

| Hoch | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Gränicher Paul | | 15 | 1.94 | 1973 |
| 2 Suter René | | 15 | 1.85 | 1974 |
| 3 Zimmermann Daniel | | 15 | 1.82 | 1980 |
| 4 Schäfer Cyril | | 15 | 1.75 | 2011 |
| 5 Sigg Marco | | 15 | 1.70 | 2001 |
| 6 Gertsch Stefan | | 15 | 1.70 | 1996 |
| 7 Ledergerber Manuel | | 15 | 1.70 | 2012 |
| 8 Angus Conrod | | 14 | 1.65 | 2013 |
| 9 Winzeler Chris | | 15 | 1.63 | 2016 |
| 10 Kalu Kevin | | 15 | 1.60 | 2011 |

| Weit | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Ledergerber Manuel | | 15 | 5.83 | 2012 |
| 2 Gränicher Paul | | 15 | 5.76 | 1973 |
| 3 Weber Jan | | 15 | 5.75 | 2012 |
| 4 Spitz Lionel | | 15 | 5.52 | 2016 |
| 5 Feusi Herbert | | 15 | 5.45 | 1970 |
| 6 Gessler Peter | | 15 | 5.43 | 1969 |
| 7 Angus Conrod | | 14 | 5.37 | 2013 |
| 8 Schäfer Cyril | | 15 | 5.36 | 2011 |
| 9 Winzeler Chris | | 15 | 5.35 | 2016 |

10 Kalu Kevin 15 5.24 2011

| Ball 200g | U16 M | Alter | Leistung | Jahr |
|------------------------|--------------|--------------|-----------------|-------------|
| 1 Angus Conrod | | 14 | 72.71 | 2013 |
| 2 Winzeler Chris | | 15 | 56.52 | 2016 |
| 3 Krayenbühl Vincent | | 14 | 53.80 | 2023 |
| 4 Spitz Lionel | | 15 | 43.11 | 2016 |
| 5 Bliggensdorfer Cyril | | 14 | 33.47 | 2016 |
| 6 Heule Steve | | 14 | 28.20 | 2017 |

| Kugel 4kg | U16 M | Alter | Leistung | Jahr |
|----------------------|--------------|--------------|-----------------|-------------|
| 1 Winzeler Chris | | 15 | 12.53 | 2016 |
| 2 Angus Conrod | | 14 | 12.39 | 2013 |
| 3 Brütsch Pascal | | 15 | 12.26 | 2008 |
| 4 Ledergerber Manuel | | 15 | 12.24 | 2012 |
| 5 Schäfer Cyril | | 15 | 12.22 | 2011 |
| 6 Tanner Sandro | | 15 | 11.09 | 1993 |
| 7 Kalu Kevin | | 15 | 11.01 | 2011 |
| 8 Spitz Linus | | 15 | 10.69 | 2011 |
| 9 Sigg Marco | | 14 | 10.17 | 2000 |
| 10 Rhaubert- Dietz | | 14 | 9.62 | 2016 |

| Kugel 5kg | U16 M | Alter | Leistung | Jahr |
|------------------|--------------|--------------|-----------------|-------------|
| 1 Kramer Klemen | | 15 | 9.25 | 2013 |
| 2 Eidenbenz Ghio | | 15 | 9.09 | 2013 |
| 3 Jaroen Sarawut | | 14 | 8.58 | 2013 |

| Speer 600g | U16 M | Alter | Leistung | Jahr |
|---------------------|--------------|--------------|-----------------|-------------|
| 1 Spitz Linus | | 15 | 46.37 | 2011 |
| 2 Angus Conrod | | 14 | 41.42 | 2013 |
| 3 Brütsch Pascal | | 15 | 40.88 | 2008 |
| 4 Eidenbenz Ghio | | 15 | 37.51 | 2013 |
| 5 Trudel Fabian | | 15 | 34.60 | 1997 |
| 6 Merrouche Philipp | | 15 | 32.32 | 2007 |
| 7 Winzeler Chris | | 15 | 32.04 | 2016 |
| 8 Kalu Kevin | | 15 | 31.39 | 2011 |
| 9 Kramer Klemen | | 15 | 27.63 | 2013 |
| 10 Jaroen Sarawut | | 14 | 26.65 | 2013 |

| Diskus 1kg | U16 M | Alter | Leistung | Jahr |
|-------------------|--------------------|--------------|-----------------|-------------|
| 1 | Winzeler Chris | 15 | 36.35 | 2016 |
| 2 | Brütsch Pascal | 15 | 35.09 | 2008 |
| 3 | Angus Conrod | 14 | 32.72 | 2013 |
| 4 | Spitz Linus | 15 | 31.75 | 2011 |
| 5 | Ledergerber Manuel | 15 | 31.41 | 2012 |
| 6 | Kalu Kevin | 15 | 29.56 | 2011 |
| 7 | Schäfer Cyril | 14 | 28.86 | 2010 |
| 8 | Sigg Marco | 14 | 26.75 | 2000 |
| 9 | Kramer Klemen | 15 | 25.94 | 2013 |
| 10 | Kramer Luka | 15 | 24.83 | 2010 |

| Diskus 1,5kg | U16 M | Alter | Leistung | Jahr |
|---------------------|----------------|--------------|-----------------|-------------|
| 1 | Trudel Fabian | 15 | 34.54 | 1997 |
| 2 | Winzeler Chris | 15 | 32.52 | 2016 |

| Kids 3Kampf | U16 M | Alter | Leistung | Jahr |
|--------------------|----------------------|--------------|-----------------|-------------|
| 1 | Spitz Linus | 15 | 2098 | 2011 |
| 2 | Angus Conrod | 14 | 2024 | 2013 |
| 3 | Winzeler Chris | 15 | 1907 | 2016 |
| 4 | Krayenbühl Vincent | 14 | 1845 | 2023 |
| 5 | Spitz Lionel | 15 | 1748 | 2016 |
| 6 | Weber Jan | 14 | 1641 | 2011 |
| 7 | Heule Steve | 14 | 1132 | 2017 |
| 8 | Bliggensdorfer Cyril | 14 | 1091 | 2016 |

| 4Kampf | U16 M | Alter | Leistung | Jahr |
|---------------|--------------|--------------|-----------------|-------------|
| 1 | Suter René | 15 | 1877 | 1974 |

| 5Kampf | U16 M | Alter | Leistung | Jahr |
|---------------|--------------|--------------|-----------------|-------------|
| 1 | Sigg Marco | 14 | 2607 | 2000 |

| 6Kampf | U16 M | Alter | Leistung | Jahr |
|---------------|----------------|--------------|-----------------|-------------|
| 1 | Spitz Lionel | 14 | 2485 | 2015 |
| 2 | Schäfer Cyril | 15 | 3355 | 2011 |
| 3 | Winzeler Chris | 15 | 3417 | 2016 |